

# NEW MOON PARTY

## Yoga, Meditation and Dance

Friday, April 8th 7.30pm-10:00pm

THE NEW MOON. IT IS A PERFECT TIME TO  
SET INTENTIONS FOR TRANSFORMATIONS & GROWTH.

Join for uplifting and engaging, experience designed to liberate the body, mind, and spirit! We will leave you sweaty, energized, joyful, and connected! Be prepared to "shake it up" on and off the mat.

[fireflowyoga.com](http://fireflowyoga.com) for tickets.



*FireFlow*  
MEDITATION + YOGA  
Yonge/Eglinton

172 Eglinton Avenue East 2nd Floor  
416 855 3570 [fireflowyoga.com](http://fireflowyoga.com)